

22 Saves Hockey Run for Your Life 5K Race Course



This is a 5K race course. The course start is near the short aspect of the lake and proceeds to the left around the Garden Loop (purple arrows) in a clockwise direction twice for a total of 1.0 miles. Upon completing the Garden Loop for the second time, runners will turn left, run through the arch, and complete the 2.1 mile Farm loop (red arrows) in a clockwise direction, finishing up at the short aspect of the lake. The run finish line is the same location as the starting line.